

## Grilled jogger!

1. Name? : Sok Wah Lee (known as Sok-Wah)
2. Occupation? : Retired
3. Place of birth? : Kluang, Johor, Malaysia
4. Children/family/pets? : Married with an 22 year old son
5. Why Horsham Joggers? : First running friends were members of HJ
6. Who do you run with? : All the other Parkrunners
7. How long have you been running? : Since my first Parkrun in January 2016
8. Biggest achievement so far? : Age grade of 70.51% on 8 June 2024 at a time of 28:19 which was considerably slower than the previous highest age grade of 69.92% at a time of 26:36, 5 years earlier, both at Horsham Parkrun.
9. Future goals and ambitions? : Hope to keep running for the next decade, injury free.
10. Favourite run/route? : Anywhere in the country with someone who knows the way and at a pace I can keep up with.
11. Favourite piece of running kit? : Shoes and more shoes, I love new running shoes!
12. Specialist subject on Mastermind? : Not good at quizzes - problem with instant recall
13. Favourite after running treat? : Latte with friends
14. Funniest running related story/event? : Can't think of any
15. Tell us something that we don't know about you? : A failed actuary
16. Tips or suggestions for anyone thinking of starting running with HJ? : Just turn up - you'll fit in whatever!

